

# Oat'N Raisin Cookies



NUTRITION CONSULTING INC.

*It's your health. Take a stand.*

**Makes 48 Cookies**

## What You Need

*These soft chewy cookies are so tasty, nobody will guess they contain lots of healthy ingredients!*

1 1/2 cups brown sugar  
2 eggs  
1 tsp vanilla  
3/4 cup soft tub non-hydrogenated margarine/butter  
1 cup whole wheat flour  
1 tsp baking soda

1/2 tsp salt  
2 cups rolled oats  
1/4 cup wheat germ  
3/4 cup coconut  
3/4 cup raisins

## Per Serving

Calories 86  
Carbohydrates 13 g  
Protein 1 g  
Fat 4 g  
Dietary Fiber 1 g

## How You Prepare

Cream sugar, eggs, vanilla and margarine/butter. Combine dry ingredients, except raisins. Mix dry and creamed mix ingredients together. Mix in raisins. Drop by teaspoon onto a cookie sheet and flatten with a fork. Bake at 350 degrees F for 12 to 14 minutes.