

# Low-fat Honey Cookies



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**Makes 30 Cookies**

## What You Need

2 eggs  
1 cup icing sugar  
1/3 to 1/2 cup honey  
2 cups flour  
1/2 tsp cinnamon

*These cookies will become a favorite family treat!*

1/2 tsp nutmeg  
1/2 tsp baking soda  
Raspberry jam

## Per Serving

Calories 77  
Carbohydrates 17 g  
Protein 1 g  
Fat 0 g  
Dietary Fiber 0 g

## How You Prepare

Beat eggs and sugar then add honey. Add dry ingredients and mix. Leave overnight in the fridge. Roll and cut with a round cookie cutter. Bake at 350 degrees F for 8 minutes. Place baked cookies on a level surface or they will bend. Stack two cookies together with jam in the middle. Roll in icing sugar.