

Green Tea and Mango Splash



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Makes 3 Servings



Calories 97
Carbohydrates 25g
Protein 0g
Fat 0g
Fiber 1g

What You Need

1 cup strongly brewed green tea (2 tea bags to 1 cup water)
2 cups mango nectar
Ice cubes
Mint sprigs for garnish
Mango slivers for garnish

How You Prepare

Combine tea and mango nectar in a pitcher. Serve over ice, garnished with mint sprigs and mango slivers.