



Introduction for Andrea Holwegner

We all know that we should eat healthier.

But... we also know that *chocolate* is far **better** than broccoli.

Our next speaker has ran a successful nutrition consulting practice for almost a decade, counseled team Canada Olympians, is a media spokesperson for the Dietitians of Canada... **and is a die hard chocoholic.**

Please welcome... ***the chocoholic dietitian...***

Andrea Holwegner (*Hall-weg-ner*).



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